

Thank you for purchasing the Valore Fitness Tracker.

- Calorie counter
- Distance monitor
- Heart rate monitor
- Text and call notification display
- Step counter
- Daily statistics that can be synced to the app with easy-to-read history charts

Important: Please read the user manual thoroughly before using your Fitness Tracker.

Note: The data collected on the fitness tracker is not for medical usage.

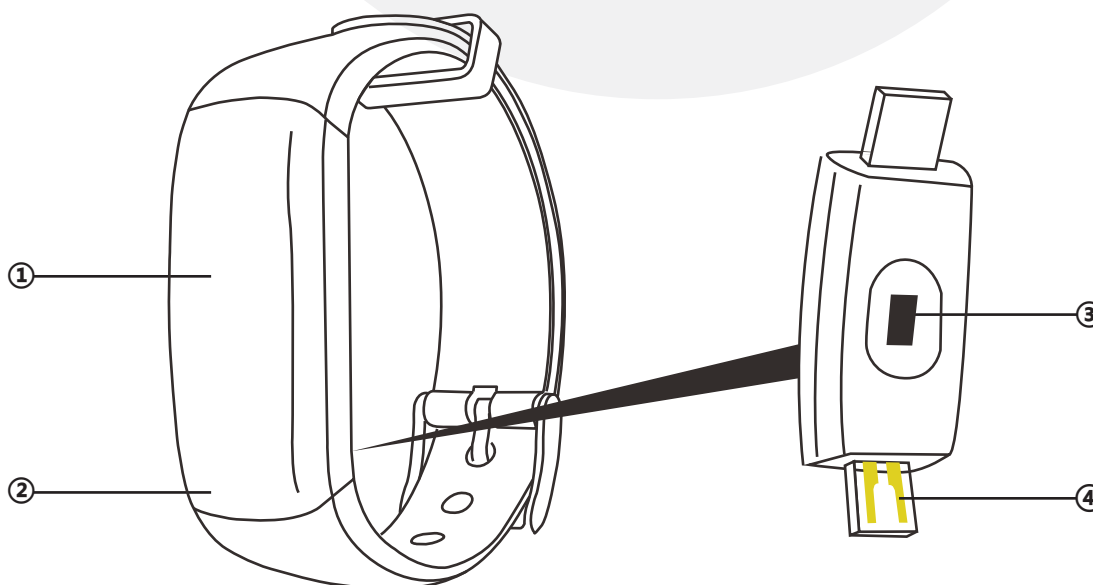
Specifications:

- Battery type: Rechargeable 130mAh Lithium battery
- Dimensions (L x W x H): 260 x 17 x 11mm
- Material: ABS + Silicone
- Weight: 25g

Package Contents:

- Fitness tracker
- Purple strap
- Blue strap

UNDERSTANDING THE PRODUCT

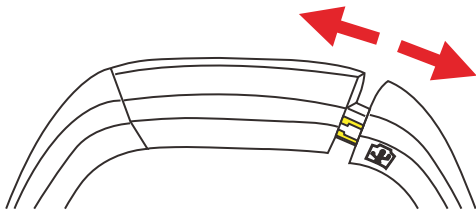


- ① Display
- ② Touch function key
- ③ Sensor
- ④ USB charging adaptor

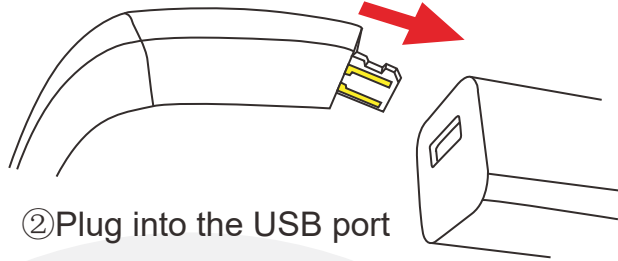
START USING THE FITNESS TRACKER

1) Charging the fitness tracker

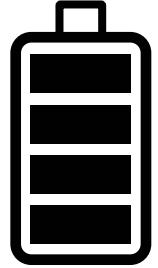
Remove the strap from the end of the touch function key. Directly insert USB to a USB port to charge. The battery charging icon will appear when charging.



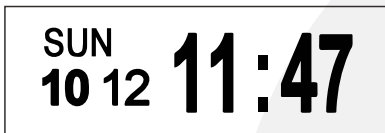
① Pull out the right side strap



② Plug into the USB port



2) Functions



Time & Date



Long press to start
Heart rate monitor



Pedometer



Distance



Calorie counter



Long press to switch
screen light up mode



Long press to change
screen orientation



Bluetooth connective
status

3) Real-time heart rate monitoring



Long press touch function key for 2 seconds to start/stop real time heart rate monitoring.



Heart rate data will display after 20 seconds.



Real time heart rate data display

4) Pairing the fitness tracker

Scan the QR code to download the application (HPlus Watch) on respective mobile device.



For iOS, scan to download application.



For Android, scan to download application.

- a) Switch on Bluetooth function of mobile device
- b) Launch the HPlus Watch application
- c) Under “Settings”, click on Bluetooth and connect to “VHA-14”

After pairing is successful, set the application function and user info to your convenience.

5) Application

- a) Dashboard: Check data of today, yesterday and summary.
- b) Real time HR: Everytime your heart rate is tested, data will be saved here.
- c) Settings: Bluetooth
 - Sync: Click to sync data from fitness tracker
 - Notifications: Text and call notification display
(Text messages shown on iOS devices only)
 - Alarm: Set alarm or reminder
 - Do some exercise: Reminder to keep you moving
 - Screen save time: Set the screen time of the fitness tracker
 - All day HR: When switch on, heart rate will be tested every 10 minutes
 - Erase user data: Erase data on fitness tracker

6) Reset to factory setting

On fitness tracker, short press the touch function key until you get to the Bluetooth information screen. Press and hold the touch function key until “VHA-14” appears. Do not let go of the key when screen displays “Goodbye” and “Welcome”.

TECHNICAL SUPPORT & WARRANTY

- For Technical Support, email us at v.info@valore.sg.
- For Warranty Registration, visit www.valore.sg.

Cautions:

Read all the instructions and warnings carefully prior to using this product.

- Do not attempt to replace battery or open the enclosure or disassemble this product. Doing so will void the warranty and can result in safety hazard.
- Do not store the fitness tracker in a high temperature environment.
- Do not place the fitness tracker near a fire or other excessively hot environments.
- Do not expose this fitness tracker to moisture or submerge it in liquid. Keep fitness tracker dry at all times.
- Do not disassemble this fitness tracker or attempt to repair or modify it in any manner.
- Be cautious of excessive drops, bumps, abrasions or other impacts to this fitness tracker. If there is any damage to the fitness tracker such as dents, punctures, tears, deformities or corrosion, stop using the fitness tracker and contact us immediately via email at v.info@valore.sg, or return this product to the store where you have purchased it from.
- If the product produces an abnormal smell, high temperature (low temperature during normal use), discolours or changes shape abnormally, stop using the product and contact us immediately via email at v.info@valore.sg.

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