

Thank you for purchasing the Valore Fitness Tracker (VHA-20).

- Monitor blood pressure, heart rate and temperature
- Step, calories & distance counter
- Sleep monitoring & exercise mode
- Call & alarm clock reminder
- Incoming call, text & app notification display^

^Please turn on all notification functions from mobile settings for notifications to show.

Important: Please read the user manual thoroughly before using your Fitness Tracker.

Specifications:

- Battery type: 90mAh Li-polymer
- Working time: Last up to 5 days
- Standby time: Up to 15 days
- Charging time: Approximately 2 hours
- Support: Android 4.4 and above
iOS 8.2 and above
- Colour display screen size: 0.96"
- Language: Support multiple languages

Package Contents:

- Fitness tracker x 1
- Charging cable
- Additional pink strap
- Additional green strap

UNDERSTANDING THE PRODUCT

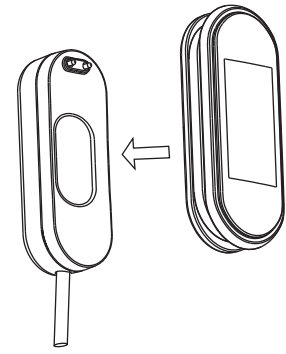


- ① Display screen
- ② Touch area
- ③ Charging contacts
- ④ Temperature sensor
- ⑤ Heart rate sensor

START USING THE FITNESS TRACKER

1) Charging the fitness tracker

Before using for the first time, it needs to be charged and activated. Align charging cable to the magnetic area located at the back of the tracker, connecting the other end to a USB charging adaptor or computer USB interface.



2) Install application & connection

Scan the QR code below or search "FlagFit 2.0" on your mobile's application store,



Android

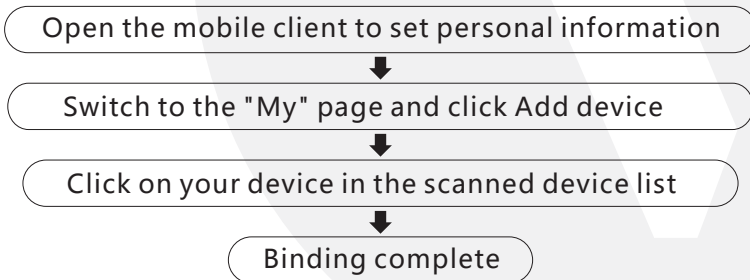


iOS



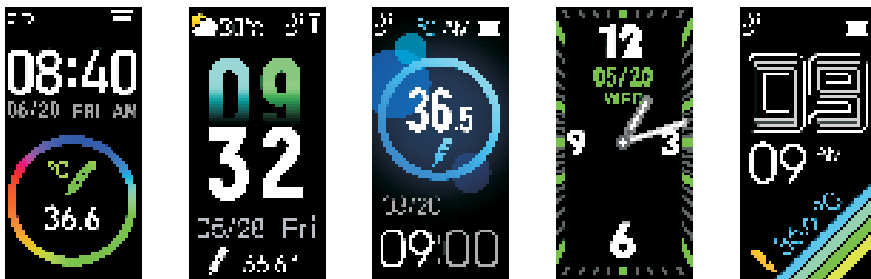
Google Play

Device requirements: iOS 9.0 and above; Android 4.4 and above, Bluetooth 4.0 is supported.



3) Main interface/Dial

Long press the touch area on the main interface to directly switch between 5 styles.



4) Body temperature interface

Switch to the temperature test interface to enter the real-time temperature detection and measurement data will be updated in the app simultaneously.



Note:

When testing body temperature, the sensor must be fully in contact with skin. (Test 10 minutes after wearing) The test will be affected by the environment. Temperature results only serves as a reference.

5) Pedometer/distance/calories

Can be synchronously updated in the App to view sports data



6) Heart rate interface

Switch to the heart rate test interface to enter real-time heart rate detection. Measurement data can be updated to the App synchronously.



7) Blood pressure interface

Switch to the blood pressure test interface to enter real-time blood pressure detection. Measurement data can be updated to the App synchronously.



8) Blood oxygen interface

Switch to the blood oxygen test interface to enter real-time blood oxygen detection. Measurement data is displayed directly on the fitness tracker.



9) Motion interface

Long press the touch button to enter the sports mode detection. There is a variety of dynamic modes to choose from.



Long press the sport mode to enter, click to select mode. Long press to start calculation. Long press to stop.

10) Message interface

In message interface, long press to view. Click to turn page.



11) Function interface

In function interface, long press to enter menu for more operations.



12) Temperature unit switch & About page

Long press touch area to switch unit.

At info page, long press touch area, it will display Bluetooth last four digit and version number.



13) Restore & Shutdown function

Long press touch area on restore page to restore tracker to factory settings.

Long press touch area on shutdown page, it will vibrate and shutdown.



14) Find & Brightness adjustment function

Long press touch area on find page, the phone will vibrate or ring sound reminder.

Long press touch area on brightness adjustment page to adjust freely.



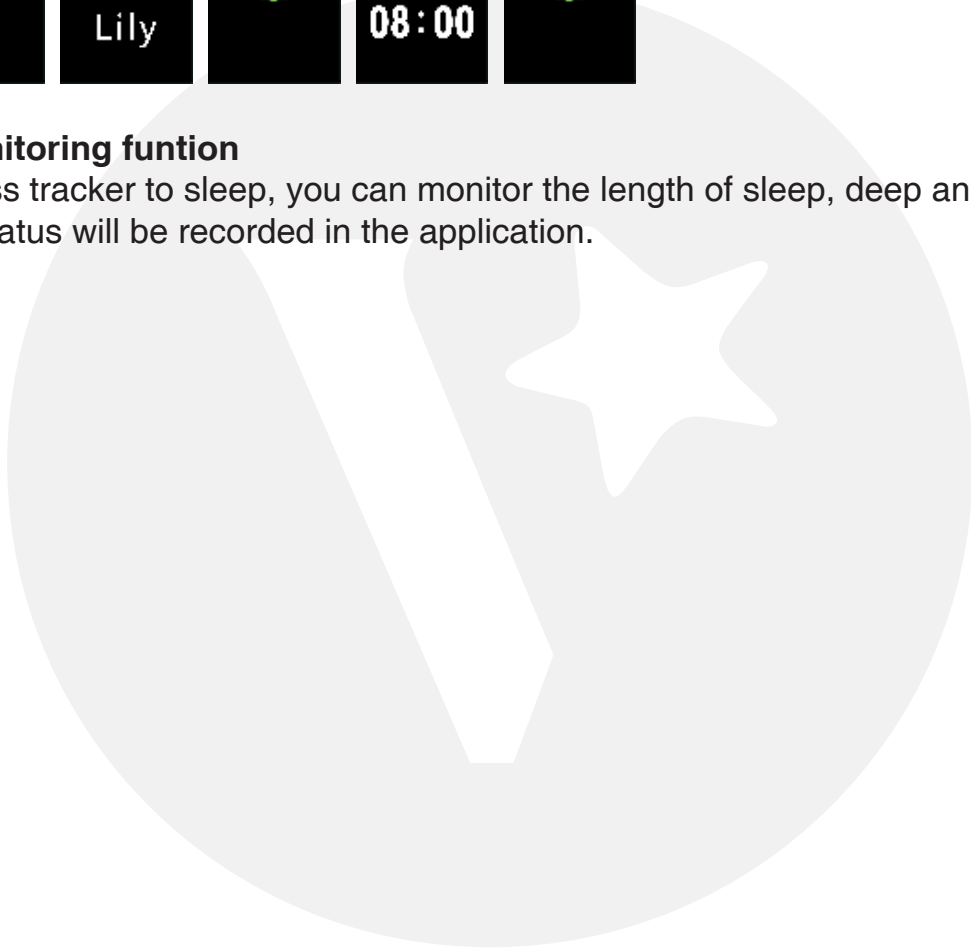
15) Other function reminders

These needs to be set to turn on at application settings. Keep phone and tracker's Bluetooth connected. Incoming messages will be reminder in vibration mode.



16) Sleep monitoring funtion

Wear the fitness tracker to sleep, you can monitor the length of sleep, deep and light sleep state. These status will be recorded in the application.



TECHNICAL SUPPORT & WARRANTY

- For Technical Support, email us at v.info@valore.sg.
- For Warranty Registration, visit www.valore.sg.

Cautions:

Read all the instructions and warnings carefully prior to using this product.

- Do not attempt to replace battery or open the enclosure or disassemble this product. Doing so will void the warranty and can result in safety hazard.
- Do not store the fitness tracker in a high temperature environment.
- Do not place the fitness tracker near a fire or other excessively hot environments.
- Do not expose this fitness tracker to moisture or submerge it in liquid. Keep fitness tracker dry at all times.
- Do not disassemble this fitness tracker or attempt to repair or modify it in any manner.
- Be cautious of excessive drops, bumps, abrasions or other impacts to this fitness tracker. If there is any damage to the fitness tracker such as dents, punctures, tears, deformities or corrosion, stop using the fitness tracker and contact us immediately via email at v.info@valore.sg, or return this product to the store where you have purchased it from.
- If the product produces an abnormal smell, high temperature (low temperature during normal use), discolours or changes shape abnormally, stop using the product and contact us immediately via email at v.info@valore.sg.

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